Divorced & Separated Support Groups

Updated: 7/11/2023

Providing emotional and spiritual support for those going through, or who have already experienced, separation or divorce.

Nassau

Setauket

St. James Roman Catholic Church

429 Route 25A

Rainbows Support Group

Our Rainbows support groups are designed for children and teens grieving the loss of a loved one through death, divorce, deployment or other trauma. Caring adult facilitators, who have been trained in the Rainbows curriculum, use age-appropriate tools to guide children to a healthy acceptance of what has happened in their family.

Contact: Kathy Vaeth at (631) 941-4141 (ext. 333) or kvaeth@stjamessetauket.org

Where/When: Periodically throughout the year; please call for details

Wantagh

St. Frances de Chantal Catholic Church

1309 Wantagh Avenue

Divorced & Separated

Meetings take place on the second and fourth Wednesdays of the month, from 7:30 p.m. to 9:00 p.m., in the rectory basement. Meetings consist of guest speakers, sharing of experiences, and a positive outlook on the present and future.

The support group runs from September to June and is open to all religions.

For more information call 785-2333 X 241.

Articles and Information

Separated and Divorced? Are you looking for help?

Our parishioners who are experiencing the sorrow of separation and divorce are a special part of our parish community. Please know that you are held in prayer at all our masses during the week and the weekend. The Pastoral Staff are eager to meet with you – to share your story, to express your feelings, to pray with you, or to give support and direction.

Should you wish some information about being Catholic and divorced from the United States bishops, please visit their website here:

- Foryourmarriage.org
- USCCB National Pastoral Initiative for Marriage: Focus Groups Separated and Divorced Persons
- The Catholic Guide to Dating After Divorce
- The Gift of Self: A Spiritual Companion for Separated and Divorced Faithful to the Sacrament of Marriage
- Healing After Divorce: Hope for Catholics
- Finding Help When Your Marriage Is in Trouble

If your parish or agency is offering a support group or program, please send you're your information to:

Office of Faith Formation

Phone: 516- 678-5800 | Email faith-formation@drvc.org